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ACASIANA

MONTHLY E-NEWSLETTER



**AL SHIFA COLLEGE OF
ARTS & SCIENCE**

Run By Shifa Medicare Trust & Affiliated to University of Calicut

Keezhattur, Perinthalmanna. Ph: 04933 271 367, 9446 544 473

www.alshifacollegeofartsandscience.ac.in info@alshifacollegeofartsandscience.ac.in

MANAGING TRUSTEE'S MESSAGE

Dear Members of the ACAS Community,

The journey of our institution has always been guided by a deep commitment to quality education, ethical values, and social responsibility. As we move through another academic term, it gives me immense satisfaction to see our college continuing to grow as a space where knowledge meets purpose and learning inspires change.

September marks a time of steady progress—when ideas begin to take shape and collective efforts start bearing fruit. I am proud to see our students and faculty working together to uphold the ideals that make ACAS a center of excellence. The various academic initiatives, outreach programmes, and cultural engagements held over the past months reflect the dedication and creativity that define our campus spirit.

In an ever-changing world, education must go beyond information—it must prepare minds to think critically, act responsibly, and lead with empathy. I encourage each one of you to look at learning as a means of contributing to society and shaping a better future for all.

As we look ahead, let us continue to strengthen our foundation with innovation, collaboration, and compassion. Together, we can ensure that ACAS remains not just an institution of learning, but a community that inspires transformation.

With warm wishes for continued growth and success,



Dr. P. Unneen
Managing Trustee
Shifa Medicare Trust

FROM THE PRINCIPAL'S DESK

Dear Students, Faculty, and Members of the College Community,

As we step into September, I am filled with pride and gratitude for the vibrant energy that fills our campus. While the newly joined students are on track, it is heartening to see our students and staff engaged in both academic pursuits and co-curricular activities with such dedication.

This month marks a period of settling in, goal setting, and renewed focus. Whether you are a new student adjusting to college life or a returning one aiming higher this year, remember that every day offers a new opportunity to learn, grow, and contribute. I encourage each of you to take full advantage of the resources and support systems available to you.

As we move forward, let us continue to build a campus culture rooted in curiosity, integrity, and values. I look forward to witnessing your achievements in the coming months and to celebrating the spirit of learning that defines our college.

Wishing you all a productive and fulfilling September.

Warm regards,

Dr. Kamaludheen K.T.

LLB, MA (Eng), MA (PA), M.Ed, M.Phil,
NET, PhD, PDF (Edu)
Principal



Book Publishing by Faculty

The Publication Wing, ACAS, under the mentorship of Dr. Kamaludheen. K. T, Principal, came up with an initiative to publish academic books by the faculty. Ms. Jushaini. P & Ms. Nasila Jasmin, Assistant Professors, Dept. of English, coauthored a book titled Reimagining English Literature: Tradition, Transformation and Innovation. The book is listed on Amazon, and it deals with the evolution of English literature through a contemporary perspective, highlighting the contributions of diverse voices, marginalized writers, and the influence of digital media and globalization on literary expression.

The following is the link to the Amazon listing:

https://www.amazon.in/gp/product/B0FQJVS6S3/ref=cx_skuctr_share_ls_srb?smid=A2TP8P8M6OEYT5&tag=ShopReferral_lba1e3-3857-4ab4-a764-6d91794ab251

Industry Visit to Cochin International Airport

The Industry Visit for the students of Logistics Management, arranged by BSI, was conducted at Cochin International Airport on 01 and 02 September 2025. The visit aimed to provide students with first-hand exposure to airport and cargo operations, enhancing their practical understanding of the logistics and aviation industry. On the first day of the visit, the students gained insights into Airport Operations, including ground handling, passenger management, airside procedures, and safety protocols. The next day, the focus shifted to Air Cargo Operations, where students observed cargo handling processes, documentation, storage management, and security checks. This industry visit served as a bridge between classroom learning and real-world applications, equipping students with valuable practical knowledge and experience in the field of logistics management.



Disaster Management Training



The Disaster Management Course, organized by ACAS in collaboration with the Kerala Police Department, was held from 09 to 12 September 2025. The programme was inaugurated by Mr. K. T. Abdul Rassaque, Secretary, Shifa Medicare Trust, in the presence of Dr. Kamaludheen. K. T, Principal and Mr. Irshad. K, NSS Programme Officer. The course was led by Mr. Bijumon P. Joseph, Police Inspector, Kerala Armed Police Battalion and his expert team of police personnel. Over four days, students and NSS volunteers received both theoretical and practical training in disaster preparedness and emergency response. Key topics included Introduction to Disaster Management, EMS & BLS, Cardiovascular System, CPR, FBAO, Soft Tissue Injuries, Patient Assessment, Disaster Relief Camp Planning, Poisoning, Musculoskeletal Injuries, Burns, Snake Bites, and Oxygen Therapy. Practical sessions gave students hands-on experience in CPR, casualty evacuation, bandaging, vital signs monitoring, water rescue techniques, and fire safety drills. The Advanced Disaster Response Course (ADRC) module provided specialized training in swimming, flood rescue operations, and firefighting. The course concluded on 12 September 2025 with a Closing Ceremony, featuring felicitation of the police faculty team, certificate distribution, and addresses by dignitaries including Mr. P. Hamza, Chief Executive, Shifa Medicare Trust. The programme proved highly impactful, equipping students with life-saving skills and highlighting the importance of academic-law enforcement collaboration in building a prepared and resilient community.





Reading Club

The Dept. of English, Providence College for Women (Autonomous), Coonoor, in collaboration with the Dept of English, ACAS, organized the second session of the Reading Club on 02 September 2025. The theme chosen for book reviews for the academic year 2025– '26 is "Adaptability and Resilience." The session held on the Google Meet platform, featured two engaging presentations. Ms. Thamarrai Selvi. S, Ph. D. Scholar, Providence College for Women, Coonoor, delivered an analytical perspective on Mitali Perkins's *The Tiger Boy*. Her insightful reading shed light on the literary nuances and thematic dimensions of the text. The second presentation was given by Mr. Amal Jaz. P, Fifth Semester B. A. English Language and Literature, ACAS, on *My Grandfather had an Elephant* by Vaikom Muhammad Basheer. His talk highlighted the humour and humanistic elements in Basheer's writing while linking it with the session's theme. The programme provided a meaningful platform for literary engagement and exchange of ideas, enriching participants with fresh perspectives on adaptability and resilience through selected texts.

Peer Teaching

A Peer Teaching Session on "Building a Personal Brand through Public Speaking" was conducted on 10 September 2025. The session was organized for students of Minor 1: Radio Jockeying and Anchoring, under the initiative of the Dept. of English. The session was handled by Mr. Aadhisshyam of First Semester B. Com. Computer Application. In the session, he guided the participants on how to harness the power of effective communication in shaping identity and presence. He emphasized the role of confidence, clarity, and audience engagement in leaving a lasting impression, while also sharing practical strategies for structuring speeches and using body language effectively. Through interactive discussions and examples, he demonstrated how authenticity and strong delivery contribute to building a memorable personal brand.



International Sudoku Day

The Dept. of Computer Science, ACAS, in connection with International Sudoku Day, organized a Sudoku competition titled 'Mind Matrix 2025' on 10 September 2025. The aim of the event was to enhance students' logical reasoning, problem-solving ability, and mental agility through the engaging puzzle of Sudoku.



Participants from various classes enthusiastically took part in the competition, showcasing their analytical skills and quick thinking. The winners were selected based on accuracy and time efficiency. Mind Matrix 2025 highlighted the importance of logical reasoning in academic and personal growth.

Workshop on Digital Creativity



The Dept. of Computer Science, ACAS, organized a workshop titled "Design Made Simple" on 10 September 2025. Led by Ms. Shahana Shirin. V, Assistant Professor of Computer Science, focused on introducing students to the fundamentals of design.

using Canva, a popular online graphic design tool. Participants were guided through various features of Canva, including template selection, font and color usage, image editing, and layout customization. The session emphasized the importance of creativity and simplicity in digital design, enabling students to create posters, presentations, and social media graphics effectively. The workshop was interactive, with hands-on activities where students designed their own sample works using Canva. This practical exposure helped them gain confidence in applying design skills for academic, professional, and personal purposes.

Datacamp Orientation

The Dept. of Computer Science, ACAS, organized a Datacamp Orientation on 11 September 2025. The session was led by Mr. Asim Ali, Third Semester B. Sc. Artificial Intelligence and Mulearn Campus Lead. The orientation aimed to provide students with an overview of Datacamp, its learning resources, and the opportunities it offers to enhance data science and



artificial intelligence skills. The session highlighted various features of the platform, including guided learning paths, coding practices, and project-based applications. Students actively participated in the interaction and gained valuable insights into how Datacamp can support their academic and professional growth.



The Dept. of Computer Science, ACAS, organized a Data Camp Orientation on 15 September 2025, led by Mr. Asim Ali, Third Semester B.Sc. AI student and Mulearn Campus Lead. The session introduced students to the features and benefits of the Data Camp

platform, emphasizing its guided learning paths, coding exercises, and project-based applications that enhance proficiency in data science and artificial intelligence. The orientation provided valuable insights into how Data Camp can support students' academic learning and professional development in the tech domain.

Session on Time Management

The Centre for Competitive Examination, ACAS, organized an insightful session on Time Management on 11 September 2025. The event was conducted as part of their orientation and skill development programmes. The session was led by Mr. Bijumon P. Joseph, Police Inspector, Kerala Armed Police Battalion, who delivered an engaging talk on managing time effectively, sharing strategies drawn from his extensive experience in law enforcement and leadership. The session helped the students understand the significance of time as a critical asset in both academic and personal life. Mr. Bijumon's practical tips, real-life examples, and motivational style made a lasting impact on the attendees. This initiative equipped students with essential life skills alongside academic excellence.



Literacy Quiz



The English Club, in collaboration with the Quiz Club, ACAS, organized a Literacy Quiz in celebration of International Literacy Day on 12 September 2025. The programme brought together students from various departments to

test their knowledge and awareness on a range of topics. The quiz saw a spirited competition among participants, with Mr. Mohammed Shibil. P from Third Semester BBA emerging as the first prize winner. Mr. Mishab. K. T and Mr. Muhammad Ansif. K, both from Fifth Semester B. Com. Finance, secured the second place jointly, showcasing impressive performance and teamwork. The event not only fostered a healthy competitive spirit but also emphasized the importance of literacy and informed thinking, aligning perfectly with the theme of the day.

Colour of Friendship

The PG Department of Psychology, ACAS, organized an extension activity titled "Colour of Friendship" on 13 September 2025 at Preshithalaya Boys Home, Kolenchery. The session, led by Ms. Anaswara V. Ayyappankutty and Ms. Liya Jimmy, First Semester M. Sc. Clinical Psychology students, aimed to foster social interaction and emotional bonding among the young residents. This initiative underscores the department's commitment to blending academic learning with community engagement, helping students grow in both professional competence and social responsibility.



Project Orientation Session

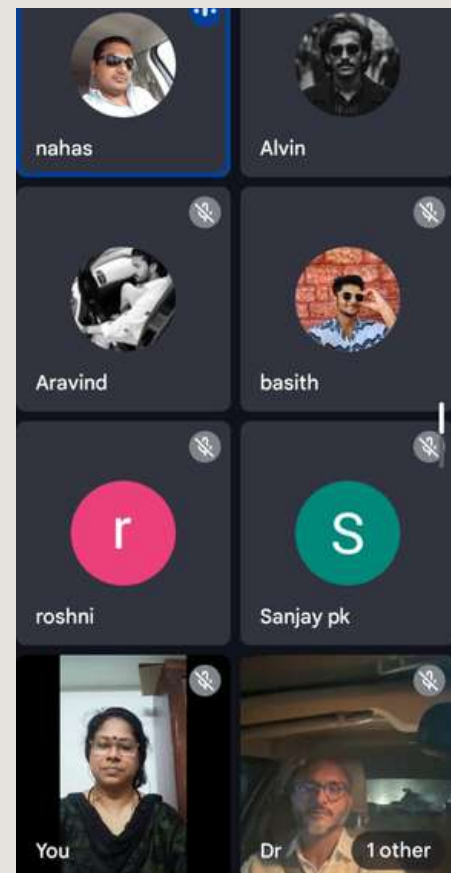


The Postgraduate Dept. of Psychology, ACAS, organized a Project Orientation Session on 12 September 2025 for the final-year undergraduate and postgraduate students. The session was facilitated by Ms. Dilshana, Assistant Professor of Psychology, ACAS, who provided valuable guidance on the systematic

process of undertaking dissertation work. The orientation aimed to familiarize students with the essential steps of academic research, including topic selection, literature review, research design, data collection, analysis, and report writing. Ms. Dilshana emphasized the importance of maintaining ethical standards in research and highlighted the need for originality, clarity, and critical analysis in academic projects. The session not only clarified students' doubts but also motivated them to approach their dissertation work with confidence and academic rigor. By offering practical insights and step-by-step guidance, the orientation equipped students with the necessary foundation to successfully complete their research projects.

Alumni Executive Committee of ASACA Meeting

The Alumni Executive Committee of ASACA, Association of ACAS Alumni, convened an online meeting on 14 September 2025. The meeting was attended by Dr. Kamaludheen. K. T, Principal, Ms. Saritha. K, Vice Principal, Mr. Nahas Abdul Rassaque, Manager, Placement and Relations and committee members. The agenda of the meeting was presented by the Vice Principal, followed by discussions on key matters. The Principal emphasized the importance of updating the Alumni Data Bank to strengthen alumni placements. The Manager, Placement and Relations, assured the committee of the college's support in alumni initiatives and proposed the formation of overseas alumni chapters to enhance global networking. The committee also resolved to reconstitute the Alumni Executive Committee by including representatives from the second and third batches of alumni.



NET Coaching for PG Psychology

The Postgraduate Dept. of Psychology, ACAS, in collaboration with the Centre for Competitive Examination, organized the fourth session of NET Coaching for PG Psychology students on 11 September 2025. The session focused on the topic of "Theories of Personality" and was led by Ms. Jihan. P,



Assistant Professor of Psychology. The initiative aimed to support students in preparing effectively for the UGC-NET examination by providing them with concepts and theoretical perspectives of personality. The session provided in-depth insights into major personality theories, along with their historical development, thereby enabling students to gain a clearer academic and conceptual foundation for the exam.



The Postgraduate Dept. of Psychology, ACAS, in collaboration with the Centre for Competitive Examination, organized the fifth session of NET coaching for PG Psychology students on 17 September 2025. The session focused on the topic "Emerging Areas" and was led by Ms. Amani Noushad,

Assistant Professor of Psychology. The initiative aimed to support students in preparing effectively for the UGC-NET examination by providing them with concepts and theoretical perspectives of Emerging Areas in Psychology. Students actively interacted during the session and expressed appreciation for the valuable learning experience. The Dept. plans to continue these coaching sessions in the upcoming weeks to further enhance students' exam readiness.

Continuing the series of NET coaching initiatives, the Postgraduate Department of Psychology, ACAS, in collaboration with the Centre for Competitive Examination, conducted the sixth session on 18 September 2025 at 2:00 p.m. in Lecture Hall 3. The session focused on the topic "Emergence of Psychology"



and was led by Ms. Arsha P. P., Head and Assistant Professor, PG Department of Psychology. Designed to strengthen students' preparation for the UGC-NET examination, the session provided expert insights into the historical evolution and foundational concepts of Psychology. A total of 21 postgraduate students participated actively, engaging in discussions that deepened their conceptual understanding. The session proved to be highly informative and interactive, further reinforcing the department's commitment to supporting students in their academic and competitive pursuits.

Author Interaction with Mr. K. P. S. Payyanadam

The Library Council of ACAS organized a thought-provoking author interaction featuring renowned author and activist Mr. K. P. S. Payyanadam on 15 September 2025. Mr. Payyanadam shared his journey as a writer and activist, shedding light on the social issues that shape his literary work. His talk offered the audience a meaningful perspective on how literature can be used as a powerful tool for social change. The session inspired students and faculty alike to engage critically with literature and recognize its role in shaping a just and inclusive society.



College Magazine Release Ceremony

The College Magazine Release Ceremony was held on 15 September 2025. The Chief Guest, Mr. K. P. S. Payyanadam delivered the inaugural address and released the College Magazine, Lantern 2.0. He emphasized the value of nurturing young voices and commended the college for encouraging literary and artistic expression. Ms. Raniya, Magazine Editor, shared her experiences, reflecting on the journey of compiling Lantern 2.0 and acknowledging the support of the editorial team and faculty.



Ethnic Day Celebration 2025



The Zaqaq Students Union, in collaboration with the Indian Knowledge System Cell of ACAS, organized a vibrant Ethnic Day Celebration on 15 September 2025. The event was aimed at promoting cultural diversity, unity, and respect for the rich traditions of India. Students from all departments enthusiastically participated by wearing traditional attires that reflected the cultural essence of different regions such as Kerala, Tamil Nadu, Punjab, Rajasthan, North East India, and Western styles. The morning session featured various cultural performances, including traditional and contemporary dance numbers, organized in collaboration with the Sristi Dance Team. The highlight of the event was the captivating “Muttippat” performance by Team Dilruba, which left a lasting impression on the audience and became one of the most cherished moments of the day.



The Review Room: Conversations with Books

The Dept. of English, ACAS, organized a literary event under the series 'The Review Room: Conversations with Books' on 16 September 2025, featuring Ms. Adiya. K. M, Third Semester B. A. English Language and Literature, who presented a thoughtful review and discussion on the book *Good Vibes, Good Life* by Vex King. The programme aimed to encourage critical reading, reflective thinking, and interactive engagement with books, creating a platform for students to share perspectives and insights



The book in focus for the session held on 17 September 2025 was *The Invisible Man* by H. G. Wells, a classic of science fiction literature. The review and discussion were led by Ms. Mufeeda. P, Third Semester B. A. English Language and Literature. Through her presentation, Mufeeda explored the thematic concerns, narrative techniques, and the socio-cultural implications of the novel, initiating a stimulating conversation on the relevance of Wells's work in contemporary times.

The next session of the series 'The Review Room: Conversations with Books' was held on 18 September 2025. The book chosen for discussion was *Ram c/o Anandhi* by Akhil. P. Dharmajan, a notable work that has generated much interest in literary circles. The session was led by Mr. Dilshad T. K, Third Semester B. A. English Language and Literature, who presented a critical review of the book. He explored the narrative style, thematic concerns, and the cultural context of the text, providing fresh insights that stimulated meaningful discussions among participants.



The next session of the series was organised on 19 September 2025. Ms. Shabeera, Third Semester B. A. English Language and Literature, presented an engaging review of *Oliver Twist* by Charles Dickens. Through her presentation, she explored the novel's themes of poverty, social injustice, and the struggles of orphans in Victorian England. The programme provided a platform for critical engagement with classic literary texts, encouraging students to reflect on the relevance of Dickens's work in contemporary society. It also served as a valuable opportunity for students to develop analytical skills and enhance their appreciation for literature.



Dept. of Economics- Study Tour

The Dept. of Economics, ACAS, organized a two-day study tour to Kodaikanal and Ramakkalmedu on 11 and 12 September 2025 for the Third and Fifth semester students. The tour was designed to provide participants with an opportunity to explore important geographical and cultural destinations while fostering experiential learning beyond the classroom. The group



visited major attractions in Kodaikanal such as Moir Point, Pine Forest, Guna Caves, Pillar Rocks, and the scenic viewpoints. They also had the opportunity to visit the renowned Kodaikanal Chocolate Factory, where they observed the production process and learned about local cottage industries. The day's activities concluded with a visit to Star Lake, which highlighted the ecological richness of the region. During their visit to Ramakkalmedu, the students participated in adventurous jeep trekking and explored prominent spots including the grape garden, Ampara, and windmill sites known for their breathtaking views. The tour provided a blend of recreation and learning, helping students understand the economic significance of tourism, local livelihoods, and sustainable development practices in hill regions. The study tour proved to be both educational and memorable, fostering teamwork, curiosity, and a deeper appreciation for the intersection of economics, environment, and culture.

Visit to MPI Meat Products of India Limited

The First and Third Semester students of B. Sc. Nutrition and Dietetics visited MPI Meat Products of India Limited, a Government of Kerala Undertaking on 16 September 2025. The visit was organized as part of the academic programme to provide practical exposure to meat production procedures and the scientific aspects of meat processing. During the visit, the students were introduced to the production procedures of different types of animal meat. The introduction session included important topics such as the process of meat aging and its impact on meat quality, as well as the importance of scientific and hygienic slaughtering methods in ensuring safe and high-quality meat production. Following the theoretical session, the students were taken for a guided plant visit where they observed the separate slaughtering sections for various animals, including buffalo or cow, pig, goat, and birds (poultry). One of the most insightful parts of the visit was the opportunity to observe the live slaughtering of a pig, conducted under strict scientific and hygienic standards. This practical exposure gave the students a real-life understanding of meat processing and the importance of maintaining safety and hygiene at each step. The experience proved to be highly valuable in helping students bridge the gap between theoretical knowledge and practical application in the field of Nutrition and Dietetics.



Identifying Suicide Risk and Resilience Through Coping Strategies

The Postgraduate Dept. of Psychology, ACAS, organized a guest talk on "Identifying Suicide Risk and Resilience Through Coping Strategies" on 11 September 2025. The session, led by Mr. Murshid Puthoor, Consultant Psychologist (Relicus), was part of the department's initiative "Changing the Narrative on Suicide." The talk aimed to raise awareness about recognizing early signs of suicide risk, understanding protective factors, and fostering resilience through effective coping mechanisms. Mr. Murshid highlighted key psychological risk factors, stress management techniques, and the significance of adaptive coping in promoting mental well-being. The interactive session engaged students in meaningful discussions on real-life situations and preventive interventions.



Student Research Forum

The Postgraduate Department of Psychology, ACAS, conducted a Student Research Forum on 17 September 2025, led by Ms. Shahana, First Semester M.Sc. Clinical Psychology student. The session focused on the article "Using Cognitive Psychology to Understand GPT-3" by Marcel Binz and Eric Schulz, published in the Proceedings of the National Academy of Sciences (PNAS). The discussion explored the intersection of cognitive psychology and artificial intelligence,

emphasizing how cognitive principles can aid in understanding and enhancing AI models like GPT-3. The presentation highlighted the potential applications of digital tools in psychological research and practice. The forum concluded with an engaging discussion on integrating such technologies to improve research methodologies and clinical approaches.



Peer Teaching Sessions

Dept. of Commerce & Management Studies

The Dept. of Commerce and Management Studies, ACAS, organized a peer teaching session on “Exploring Hotel Chains: From Roots to Giants” on 16 September 2025 as part of its academic enrichment programmes. Ms. Reem Muhammed Sali, First Semester B. A. English Language and Literature, led the session with the objective of introducing her peers to the fundamentals of Hospitality Management, a key component of their curriculum. Her presentation on domestic and international hotel chains was clear and engaging, providing valuable insights and enhancing participants’ understanding of the subject.



Continuing the series of peer-led learning initiatives, the Department organized another Peer-to-Peer Teaching Session on “Fueling Business Operations: An Introduction to Working Capital” on 18 September 2025. The session was handled by Mr. Muhammed Ansif, Fifth Semester B. Com. Finance, who explained the significance of working capital in ensuring the smooth

functioning of business operations. He elaborated on the concepts, components, and effective management of working capital, highlighting its role in maintaining liquidity and operational efficiency. The peer teaching activity not only enhanced conceptual understanding but also encouraged interactive learning among students.

Adding to this ongoing initiative, the Department conducted another Peer Teaching Session on “Science in Management: F. W. Taylor’s Revolutionary Ideas” on 18 September 2025. The session was led by Ms. Sayyidath Fathima Hana, First Semester B. Com. Finance, who presented an insightful overview of F.W. Taylor’s contributions to scientific management. She discussed Taylor’s principles, their relevance in modern business practices, and their impact on productivity and efficiency. The session encouraged active participation, enabling students to connect theoretical concepts with practical applications. This peer-led platform successfully fostered collaborative learning, enhanced subject comprehension, and built confidence among student presenters.



Dept. of Computer Science

The Department of Computer Science, ACAS, organized a Peer Teaching Session on 17 September 2025, led by Ms. Shahma K, Third Semester BCA student, on the topic "IEEE Standards." She delivered a clear and comprehensive presentation introducing the fundamentals of IEEE standards and their significance in



ensuring interoperability, safety, and efficiency across industries. The session covered key standards related to wireless networking, power and energy, and software engineering, supported by practical examples that enhanced understanding. Ms. Shahma's interactive approach and confident handling of queries made the session engaging and informative, effectively reinforcing the importance of peer teaching in promoting collaborative learning.



Continuing the series of peer-led learning initiatives, the Department organized another Peer-to-Peer Teaching Session on 18 September 2025, handled by Mr. Asif Muhammad, First Semester BCA student, on the topic "Contradictions in Discrete Mathematics." He explained the concept of proof by contradiction, its applications in problem solving, and illustrated

examples from discrete mathematics. The session helped students grasp the logical foundation of contradictions and their role in establishing mathematical proofs. The interactive format encouraged peer discussions, enhancing both clarity and confidence in mathematical reasoning. This initiative not only deepened the participants' subject understanding but also provided the student-presenter with valuable experience in teaching and communication.

Adding to this ongoing initiative, the Dept. of Computer Science, organized a Peer-to-Peer Teaching session on 22 September 2025. The session was handled by Mr. Mohammed Jazeel. P. P, Third Semester B. Sc. Artificial Intelligence on the topic "Gauss Elimination Method for Problem Solving." The programme aimed to enhance collaborative learning, where students could understand complex problem-solving techniques in a simplified manner through peer explanation.



The series continued on 24 September 2025, led by Shada Febin, Third Semester BCA. She presented the topic "Constraint Satisfaction Problems" and explained the problem solving techniques. The session provided valuable insights into the application of artificial intelligence concepts, helping participants gain a clearer understanding of how constraints can be effectively managed in computational problem-solving.



The Dept. of Computer Science, ACAS, continued its Peer Teaching series with a new session on the topic "From Infix to Postfix" on 25 September 2025. The session was led by Ms. Sanha P. V, Third Semester BCA, who explained the programming concept of converting infix expressions to postfix notation, an important topic in data structures and

compiler design. The initiative promoted collaborative learning and reflected the department's commitment to enhancing conceptual clarity through peer-led instruction.

A peer teaching session was organised by the Dept. of Computer Science for the Third Semester B. Sc. Artificial Intelligence (Minor Statistics) students on 23 September 2025. The session was handled by Mr. Mohammed Kahab. K, Third Semester B. Sc. A. I, who presented the topic Statistical Learning. He discussed AI-Powered Statistical Learning with a focus on Decision Trees, K-Nearest Neighbours (KNN), and Ensemble methods in Python, explaining their working principles, applications in real-world data analysis, and importance in predictive modelling.



Dept. of English

Another session was offered as a continuation of the series by the Dept. on "Anchoring the Right Way" for the students of Minor I: Radio Jockeying and Anchoring on 19 September 2025. The session was led by Ms. Fathima Sherin. M. P, Third Semester B. A. English Language and Literature, who gave an insightful presentation on the techniques and skills required for effective anchoring. She discussed the essential qualities of a good anchor, strategies to engage the audience, and practical tips for handling stage presence and communication with confidence.



Adding to this series, a session titled "Apps Useful for Learning and Teaching English" was led by Ms. Hiba Hanan. M and Mr. Anjal Hamid. P, Fifth Semester B. A. Functional English, on 24 September 2025. They explored various mobile and digital applications that can aid in enhancing English language learning and teaching. The discussion focused on practical tools that can support vocabulary building, grammar practice, pronunciation improvement, and interactive learning experiences.



The Dept. of English, organized a Peer Teaching Session on "English Language Enhancement through Effective Reading" for the students of English for Professional Success (Open Course) on 22 September 2025. The session was led by Ms. Aswani Krishna, Third Semester B. A. English Language and Literature, ACAS. With clarity and confidence, she introduced the students to the importance of effective reading strategies in enhancing English language proficiency, particularly in the context of academic and professional success.

Dept. of Psychology

The PG Dept. of Psychology, ACAS, conducted a peer teaching session led by Ms. Anaswara. V, First Semester M. Sc Clinical Psychology, on the topic Schizoid Personality Disorder, on 18 September 2025. The session was organized for the Fifth Semester B.Sc. Psychology students. Through this peer teaching initiative, students gained a clear understanding of the defining characteristics, diagnostic



features, and psychological perspectives related to Schizoid Personality Disorder. The discussion helped bridge theoretical concepts with practical implications, enabling students to appreciate the clinical relevance of this personality disorder. The peer-led approach encouraged active participation and open discussion, allowing students to clarify doubts and exchange ideas. The session contributed to strengthening their conceptual clarity, improving clinical reasoning skills, and promoting collaborative learning within the department.earning experiences.

Adding to this ongoing initiative, the Department conducted another Peer Teaching Session for the Fourth Semester B. Sc. Psychology students on 23 September 2025. The session was led by Ms. Nidha. M. P, First Semester M. Sc. Clinical Psychology, on the topic "Narcissistic Personality Disorder". Students were introduced to the core features of the disorder, including grandiosity, excessive need for admiration, and lack of empathy.



Mastering Pronunciation

The Centre for Development of English Language Skills (CDELS), in collaboration with the Faculty Development Centre (FDC), organized a faculty enrichment session titled “Mastering Pronunciation” on 17 September 2025. The session, designed for ACAS faculty, with a focus on refining and enhancing their English pronunciation skills for effective classroom communication and professional interactions, was led by Ms. Renjitha K. R, Head and Asst. Professor, Dept. of English, ACAS, began by highlighting the importance of clear and correct pronunciation in academic and professional contexts. The resource person spoke about Phonetics and articulation, common pronunciation errors and their corrections and strategies to cultivate clarity and confidence in spoken English.



Debating Digital Dilemmas



The Dept. of Commerce and Management Studies organized a lively debate session for the First Semester BBA students on the topic “The Social Media Paradox: Does it Empower or Endanger Youth?” on 18 September 2025. The event witnessed enthusiastic participation, with two teams presenting well-reasoned arguments on the dual impact of social media. Team A — comprising Ms. Amna Vafidha, Ms. Swiyana, Ms. Liyana Shabnam, and Ms.

Fathimath Anshidha — emphasized the empowering aspects of social media, such as global connectivity, awareness creation, educational access, and creative opportunities. Team B — represented by Mr. Mohammed Ali Aslam, Mr. Muhammed Ranaf, Mr. Arjun, and Mr. Sinan Ibnu — focused on its adverse effects, including addiction, cyberbullying, misinformation, and the decline of real-life interactions. The session was moderated effectively by Mr. Mohammed Rinshad, ensuring a balanced exchange of ideas. An engaging audience interaction followed, further enriching the discussion. The debate concluded with the shared understanding that while social media is an inevitable part of modern life, its responsible and constructive use is essential.

Another debate session was organized by the department for the First Semester BBA students on the topic “The Ethics of Influencer Marketing: Should Regulations Be Imposed?” on 18 September 2025. The event saw enthusiastic participation from students, both as speakers and as



audience members, who actively engaged in a stimulating discussion on the ethical dimensions of digital marketing. Two teams, each comprising four members, presented opposing viewpoints on the issue. Team A – Mr. Muhammed Nihal, Ms. Fidha Fathima, Ms. Hiba Fathima, and Ms. Niya Marva – argued against stringent regulations, emphasizing that influencer marketing promotes digital entrepreneurship, brand building, and creative freedom while offering significant career opportunities for youth. Team B – Mr. Mohammed Rinshad, Mr. Muhammed Ibthisan, Mr. Mohammed Safin, and Mr. Muhammed Fayas – advocated for regulatory measures, highlighting risks such as misinformation, unethical endorsements, and the exploitation of consumers. The debate was moderated by Mr. Mohammed Ali Aslam, who ensured a fair and balanced exchange of ideas. An interactive audience discussion followed, adding diverse perspectives to the dialogue. The session concluded with the understanding that while influencer marketing is a powerful tool in the digital era, it requires ethical oversight and reasonable regulation to ensure transparency and responsibility.

Session on LinkedIn Wordcraft

The Dept. of English, in collaboration with the Dept. of Computer Science, organised a session titled “LinkedIn Wordcraft” for the students of Minor 6: English for New Age Authors. The programme was held on 19 September 2025. The resource person for the session was Mr. Asim Ali, Third Semester B. Sc. Artificial Intelligence. The session aimed to familiarize students with effective strategies for crafting impactful LinkedIn profiles, with a special focus on language use, presentation skills, and professional networking tailored for new-age writers and professionals.



Kiddo Connect

The Centre for Development of English Language Skills, in collaboration with the Department of English, ACAS, organized an extension activity titled “Kiddo Connect: Fun Learning with Young Learners” on 18 September 2025 at Poonthanam Smaraka ALP School, Kizhattur. Students from the Third and Fifth Semester B.A. English Language and Literature and Fifth Semester B.A. Functional English actively participated in the programme, which aimed to create an interactive platform for engaging with young learners. The event featured a variety of fun-filled educational activities such as games, puzzles, storytelling, rhymes, and creative tasks that made learning both enjoyable and participatory. The initiative not only enriched the learning experience of the school children but also helped the college students enhance their teaching and communication skills through experiential practice. The programme fostered creativity, confidence, and community connection, reflecting the department’s commitment to promoting holistic learning beyond the classroom.



Psychology Dept. Outreach on Parenting and Communication

The PG Dept. of Psychology organised an outreach programme on 21 September 2025 at the Kudumbashree Unit, Vendalloor, Valanjeri. The session on “Parenting and Communication Conflict in Families” was led by Ms. Fathima Shameema, First Semester M. Sc. Clinical Psychology. The programme aimed to create awareness among Kudumbashree members about the importance of effective parenting and healthy communication in resolving family conflicts. The participants actively engaged in the interactive session, sharing their personal experiences and concerns.



Dept. of Computer Science Unveils CONNECT Outreach Centre

The Dept. of Computer Science, ACAS, organized the Logo Reveal Ceremony for CONNECT, the department's Outreach and Extension Activity Center, on 19 September 2025. The event was inaugurated by Mr. P. Hamza, Chief Executive of Shifa Medicare Trust, and attended by Dr. Kamaludheen. K. T, Principal, and Ms. Saritha. K, Vice Principal, ACAS. As part of the programme, Mr. Nahas Abdul Rassaque, Manager of



Placement and Relations, delivered an insightful talk on the significance of outreach and extension activities, highlighting how students can apply their skills to make meaningful contributions to society and bridge academic learning with real-world community engagement.

Honouring Best Housekeeping Staff



As part of the quality initiative introduced by the management, it was decided to honour the Best Housekeeping Staff every month with a cash prize in recognition of their commitment and service. The selection is made after evaluating punctuality, cleanliness and hygiene, work efficiency, behavior

and attitude, uniform and grooming, initiative and responsibility, feedback from staff and students, and compliance with safety norms. For the month of June 2025, Ms. Saleena was selected as the Best Housekeeping Staff and was awarded the cash prize as a token of appreciation. On 18 September 2025, the prize was presented to her by Dr. Kamaludheen. K. T, Principal, ACAS, in the presence of Mr. Nahas Abdurassaque, Manager, Placement and Relations, Ms. Saritha. K, Vice Principal, ACAS, Mr. Nuhmanali, Administrative Officer, ACAS, and her fellow housekeeping staff members, Ms. Indira, Ms. Leena, and Ms. Prajitha.

Power Fest '25



The Dept. of Physical Education, ACAS, organized Power Fest '25 on 19 September 2025, inaugurated by Dr. Kamaludheen. K. T, Principal, ACAS. The event featured competitions in Arm Wrestling, Push Ups, Pull Ups, and Brick Holding, attracting enthusiastic participation from students who showcased their strength and endurance. Winners were awarded trophies and cash prizes, recognizing their achievements and promoting healthy competition. Power Fest '25 provided a platform for students to demonstrate abilities, build confidence, and foster teamwork and sportsmanship. The event encouraged physical activity, camaraderie, and a culture of wellness, making it a memorable celebration of fitness and student engagement.



Star Department of August 2025

The Dept. of Computer Science, ACAS, was honoured with the Star Department of the Month Award for August 2025 in recognition of its academic excellence, innovative initiatives, and overall contributions to the institution. The trophy and certificate were ceremoniously handed over to the Head of the Department, Mr. Farhan. V. M, by Mr. Hamza, Chief Executive of Shifa Medicare Trust. The event was attended by Dr. Kamaludheen. K. T, Principal, Mr. Nahas Abdul Rassaque, Manager, Placement and Relations, and Ms. Saritha. K, Vice Principal, ACAS. Faculties from the Department of Computer Science and students were also present to witness the occasion. The recognition served as an encouragement to the department, appreciating the collective efforts of the faculty and students in fostering quality education, research activities, and departmental growth. The department expressed gratitude to the management and organizers for their continuous support and motivation, pledging to maintain the same spirit of dedication and excellence in the coming months.



Book Review

The Dept. of Computer Science, in association with the Thani Malayalam Club, organised a Book Review Session on 22 September 2025. The program aimed at encouraging students to engage with literature and develop critical reading and presentation skills. The session featured Shamna Nazrin M S, First Semester BCA, who reviewed the Malayalam book *Pranaya Jeevithangal* authored by Rihan Rahi. She provided an insightful analysis of the themes, narrative style, and literary significance of the work, while also sharing her personal reflections and learnings from the book.



Ente Vayana

Ente Vayana – Vidhyarthikal Nadathunna

Pusthakaavalokanam is a series of presentations on reading experiences by students organised by Thanimalayalam Club. On 22 September 2025, Asim Ali, Third Semester B. Sc. Artificial Intelligence, Nahla. P, Third Semester B. Sc. Psychology, and Shana Sherin. V, Third Semester BCA, presented the reviews of *How to Think Like a Roman Emperor* by Marcus Aurelius, *Ninte Ormakk* by M. T. Vasudevan Nair, and *Khadeeja* by Naseef Kalayath respectively. The student members of the club attended the session.



Mentoring Session on Innovation and Entrepreneurship

The Dept. of Computer Science in association with the IEDC and ED Club organised a Mentoring Session on Innovation and Entrepreneurship on 22 September 2025. The resource person for the session was Mr. Muhammed Rameez. A. K, Assistant Professor, Dept. of Computer



science. He highlighted the importance of innovative thinking in the digital era and emphasized how entrepreneurial skills can empower students to transform ideas into practical solutions. More than 40 students from various departments were benefited from this session.

Industry Visit by the students of BBA



From 18 to 21 September 2025, the BBA Third Semester with 26 students, accompanied by two faculty members, visited Bisleri Water Private Limited. The visit provided an insightful experience into the operations of a leading bottled water company, allowing students to observe practical applications of

management concepts learned in the classroom. During the visit, students explored the production process, quality control measures, packaging procedures, and distribution strategies of Bisleri. The staff explained the company's adherence to hygiene and safety standards, the technology used in bottling, and the steps taken to ensure product consistency. Additionally, students gained exposure to inventory management, supply chain logistics, and marketing strategies, linking theoretical knowledge with real-world practices

Tech Talk series titled "NotebookLM by Google"

The Dept. of Computer Science organised the seventh edition of its Tech Talk series titled "NotebookLM by Google" on 22 September 2025. The session was conducted by Anusha. K, First Semester BCA, who introduced the audience to Google's AI-powered tool, NotebookLM, and discussed its features and applications in academic and research contexts. A total of 62 students from First and Third Semesters of B.Sc. Artificial Intelligence and BCA actively attended the session.



Parental Awareness Programme: Impact of Mobile Usage in Toddlers

The Dept. of Computer Science, organised an Extension Activity titled "Parental Awareness Programme: Impact of Mobile Usage in Toddlers" on 23 September 2025 at Mannarmala Anganavadi. The session was led by Ms. Ragi. K. Haridas, Assistant Professor, Dept. of Computer Science, ACAS, who highlighted the adverse effects of excessive mobile usage on toddlers and emphasized the importance of mindful parenting in the digital era. The programme aimed at creating awareness among parents about responsible digital practices to ensure the healthy development of children.



Internal Hackathon as part of the Smart India Hackathon 2025

The Dept. of Computer Science and IEDC organised an Internal Hackathon as part of the Smart India Hackathon 2025. The event was conducted on 23 September 2025. It aimed to foster innovation, creativity, and problem-solving skills among students. It provided a platform for participants to showcase their technical expertise and work collaboratively to develop innovative solutions for real-world challenges. The event witnessed enthusiastic participation from students, who engaged actively in coding, brainstorming, and designing solutions.



Trading Club

The Trading Club of ACAS organized a session on “Trade with Confidence: Learn the Basics of Security Analysis” on 18 September 2025. The session was inaugurated by Ms. Saritha. K, Vice Principal, ACAS, who highlighted the importance of financial literacy and security analysis in informed decision-making. Mr. Sarath Meledath, Independent Trader, served as the resource person and delivered an insightful presentation on the principles of security analysis, combining theoretical concepts with practical trading approaches. The session saw enthusiastic student participation and proved to be a valuable learning experience, fostering awareness and understanding in the field of trading and investment.



Hands-on Session for Parents on Social Media Security

The Dept. of Computer Science, organised an outreach programme titled “Hands-on Session for Parents on Social Media Security” on 23 September 2025 in Anganvadi, Mannarmala. The objective of the programme was to create awareness among parents about the safe use of social media and to provide practical insights on securing their digital presence. The session was handled by Mr. Mohammed Ramees, Sabith Ali, Mohammed Yashiq, and Abhishek Vijay, Third Semester BCA. They explained various aspects of social media security, including password protection, privacy settings, recognizing online threats, and responsible usage. Parents actively participated in the session and clarified their doubts regarding the safe use of technology.



Debate on Tourism v/s Environment



The Dept. of Psychology and Tourism Club conducted a debate on 23 September 2025 on the topic "Tourism vs Environment". The event was organized as part of world tourism day and extracurricular activities to enhance critical thinking, communication skills, and awareness among students. Students actively participated in the debate, presenting strong arguments on both sides. The discussion concluded with a consensus that sustainable tourism practices are essential to balance economic growth with environmental conservation, encouraging students to reflect on responsible travel and its broader impact.

Dept. of English organises Research Forum

The Dept. of English and Languages conducted a Research Forum on 23 September 2025 featuring a presentation by Ms. Riya, Assistant Professor of English and Languages. She discussed the paper titled "Tracing Hydrofeminism and Hydromentality in Select Bengali Dalit Women's Short Stories" by Surabhi Jha, published in Sanglap: Journal of Literary and Cultural Inquiry (Vol. 11, No. 2, August 2025). The presentation explored how hydrofeminism and hydromentality are reflected in Bengali Dalit women's short stories, with water serving both as a symbol of oppression and as a metaphor for resilience.



Screening Pride and Prejudice



The Dept. of English, in association with the Movie Club, commemorated the legendary novelist Jane Austen by screening the film "Pride and Prejudice" on 23 September 2025. Students from the Dept. of English were the beneficiaries of this event. The film, based on Austen's 1813 novel, explores themes of love, societal expectations, and personal growth in 19th-century England.

Oru Kadhai Sollattuma- Session 2



The Indian Knowledge System (IKS) Cell organised the second session of its unique storytelling initiative Oru Kadhai Sollattuma on 23 September 2025. The session was led by Dr. Kamaludheen. K. T, Principal, who shared a deeply moving story. The tale centered around a young man named Babu and his mother. Babu, was embarrassed by the fact that his mother had only one eye, distanced himself from her and eventually moved to the city, abandoning her completely. Years later, his mother visited him, but soon after passed away, leaving behind all her savings for her son. Along with the savings, she left a heartfelt note revealing that Babu was born with only one eye, and it was she who had donated her own eye to ensure that he could live a normal life.

Hands-on Training on Food Microbiology



The Third Semester B.Sc. Nutrition and Dietetics participated in an Add-on Course and Hands-on Training on Food Microbiology at Al Shifa College of Paramedical Sciences on 22 and 23 September 2025. The sessions focused on techniques for identifying organisms involved in food spoilage, including preparation of media, serial dilution, streaking, stabbing, and microbial enumeration using the pour plate method. The training sessions were conducted by Ms. Abina, Assistant Professor, Department of MLT, while the Add-on Course was coordinated by a group of advanced learners, providing participants with valuable practical exposure and skill development in basic food microbiology techniques.



A Talk on Decoding Entrepreneurship

The Entrepreneurship Development Club organised an inspiring entrepreneurial talk titled "Decoding Entrepreneurship: An Open Interaction" on 23 September 2025. The session was led by Mr. Ambras. K. T, Founder of EDEX Life School. The inauguration of the programme was done by Mr. Nahas Abdul Rassaque, Manager, Placement and Relations, ACAS. Mr. Ambras shared his entrepreneurial journey, offering practical insights and real-life challenges he encountered in the field of business. His experiences served as a source of motivation, encouraging students to pursue innovative ideas with confidence and determination.

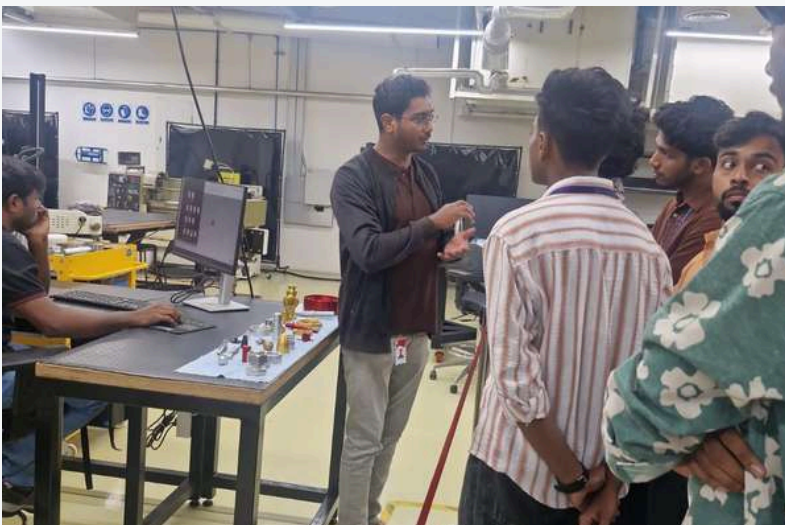


Panel Discussion on AI in Cybersecurity

The Cyber Club in association with the Dept. of Computer Science, organised a panel discussion on the topic "AI in Cybersecurity" on 24 September 2025. The panel members were Mohammed Kahab, Asim Ali, Farhan P K, and Hidha Sherin, Third Semester B. Sc. Artificial Intelligence, who actively engaged together in the discussion by sharing their insights on the applications of Artificial Intelligence in strengthening cybersecurity, exploring the emerging challenges in the digital era, and highlighting the role of AI-driven solutions in tackling modern cyber threats.



Visit to T Works Hyderabad



The students of Fifth Semester BCA, ACAS, visited T Works, Hyderabad, a leading hub for innovation and technology. The visit offered students a valuable opportunity to observe cutting-edge technological developments and interact with industry professionals. Through these interactions, students gained insights into emerging trends and real-world applications, bridging the gap between academic learning and industry practice. The experience not only deepened their understanding of the tech ecosystem but also inspired interest in future career paths. The visit underscored the importance of industry-academia collaboration in fostering innovation, practical learning, and professional growth.

Book Review Forum

The Dept. of English, Providence College for Women (Autonomous), Coonoor, in collaboration with the Dept. of English, ACAS, organized the third google meet session of the Reading Club on 16 September 2025. Ms. Fathima Sherin. M. P, Third Semester B. A. English, presented her reading and analysis of Macbeth by William Shakespeare, highlighting the play's themes in the light of resilience and adaptability. The programme proved to be highly engaging, blending academic inquiry with personal reflection. It offered participants an opportunity to appreciate how literature mirrors the enduring human spirit in the face of challenges. The collaborative effort between the two institutions enriched the academic experience and reinforced the importance of dialogue across colleges.

Outreach Initiatives from the Dept. of Computer Science

The Dept. of Computer Science, ACAS, organised an outreach programme titled “Reelinappuram Reality” on 25 September 2025 at IMALP School, Anappamkuzhi. The session, led by Ms. Shahana Shirin. V, Assistant Professor, Dept. of Computer Science, was organised for fourth standard students. The programme aimed to make the young students aware of the influence of social media in their daily lives, focusing on both its creative possibilities and the challenges it brings. Through interactive discussions and engaging activities, the children were encouraged to develop responsible and meaningful technology use from an early age. This initiative not only introduced media literacy in a simple manner but also helped strengthen the connection between the college and the community.



Digital Kaliyattam

The Dept. of Computer Science, continued its outreach initiatives, organising a session titled “*Digital Kaliyattam*” on 25 September 2025 at IMALP School, Anappamkuzhi. The session was led by a team of Third Semester BCA and B. Sc. AI students – Mr. Salman T. P, Mr. Hidhash Sherin, Ms. Karthika V. S, Ms. Shada Febin, and Mr. Muhammed Shameel T. The programme was designed for fourth standard students to introduce them to the world of technology in a fun and interactive way. Through engaging activities, games, and demonstrations, the young learners were encouraged to explore the basics of the digital world while developing curiosity and creativity. This outreach initiative not only enriched the learning experience of the school students but also helped the college students enhance their communication and teaching skills while contributing to the community.



Tech Talk Vol. 08

The Department of Computer Science, ACAS, organized Tech Talk Vol. 08 on 25 September 2025, titled "Discovering Gemini: AI Tools Shaping Tomorrow", as part of its ongoing Tech Talk series. The session was presented by Mr. Sabith Ali and Mr. Mohammed Ramees, Third Semester BCA students, who shared valuable insights into the emerging AI tool



Gemini. They discussed its features, functions, and potential applications in advancing the future of artificial intelligence. The session encouraged students to explore innovative technologies and deepened their understanding of AI trends.

Poster Making Contest



The English Club, ACAS, organized a Poster Making Contest on 25 September 2025 to inspire students to express creativity and promote environmental awareness through visual art. Participants designed posters on the theme "Conserving Nature" using Canva, blending creativity with a social message. Ms.

Fathima Arsha. P, Third Semester B. A. Economics, won the First Prize for her original and visually striking poster. The event successfully combined artistic expression with environmental consciousness, making it both engaging and impactful.

Tourism Day Observance

The Tourism Club, ACAS, conducted an awareness session on 26 September 2025 in observance of World Tourism Day. Dr. Kamaludheen K. T, Principal, ACAS, led the session, emphasizing the importance of sustainable tourism, heritage preservation, and environmental responsibility. He encouraged students to view tourism as a tool for unity and cultural appreciation. The session offered valuable insights into the opportunities and challenges within the tourism sector, inspiring students to promote responsible and sustainable tourism practices.



Breaking the Screen: Understanding Mobile Overuse

The Dept. of Computer Science conducted an extension activity on "Breaking the Screen: Understanding Mobile Overuse" on 29 September 2025 at ICDS Centre, Thelakkad. The session aimed to create awareness among parents and caregivers regarding the increasing issue of excessive mobile phone usage among children and its impact on their cognitive, emotional, and social development. The resource person for the session was Ms. Ragi. K. Haridas, Assistant Professor, Dept. of Computer Science. She highlighted the signs and consequences of mobile overuse in early childhood and provided practical strategies to manage and reduce screen time effectively.



Art of Mentoring



The Student Mentorship Cell in collaboration with the Faculty Development Centre conducted a session on "Art of mentoring". Dr. Kamaluddeen. K. T, Principal served as the resource person for the session. His insightful presentation shed light on the essential qualities of an effective mentor and the importance of building meaningful teacher-student relationships. The session witnessed active participation from the teaching faculty, who engaged enthusiastically in the session. The program not only enriched the teachers with valuable strategies for mentoring but also emphasized the role of educators in shaping the personal and professional growth of students.

Face Painting Competition

The Aesthetic Club, ACAS, organized a Face Painting Competition on 29 September 2025 to promote creativity and artistic expression among students. Participants showcased their imagination through diverse themes and vibrant designs, making the event visually captivating. The competition fostered a spirit of healthy competition and collaboration while providing a platform for students to display their artistic talents and enhance their co-curricular engagement.



Ecoquiz 2k25

The Nature Club, in collaboration with the Dept. of Commerce and Management Studies, organized an interdepartmental quiz competition titled "Ecoquiz 2k25" on 29 September 2025. The event aimed to promote environmental awareness, sustainability, and general knowledge among the students through an engaging and competitive platform.



A total of 16 teams participated, with the top four advancing to the final round after a preliminary screening. The final featured multiple rounds, including MCQ, Quick Answer, Visual Identification, Rapid Fire, and Buzzer rounds, keeping both participants and the audience actively involved. After a series of exciting rounds, the winners were announced, with Ms. Mufeeda. P and Ms. Masharifa. V of Third Semester B. A. English Language and Literature securing the First Prize, Ms. Mohammed Yashiq. A. K. and Mr. Shahal. K. K of Third Semester BCA winning the Second Prize, and Mr. Abdul Hisham. E of Third Semester B. Com. Finance along with Mr. Muhammed Ibthisan of First Semester BBA claiming the Third Prize. Ecoquiz 2k25 fostered curiosity, teamwork, and environmental consciousness, making learning an enjoyable and interactive experience.

Nature Camp organised at Aralam Wildlife Division



The National Service Scheme (NSS) Unit, ACAS, organized a two-day Nature Camp at Aralam Wildlife Sanctuary, Kannur, on 28 and 29 September 2025, under the guidance of the Wildlife Warden, Aralam Wildlife Division. The camp aimed at fostering environmental awareness and biodiversity conservation. The programme included forest trekking, awareness sessions by forest officials, and interactive discussions on ecological balance and sustainability. Participants observed the region's rich flora and fauna, gaining practical insights into wildlife protection and eco-friendly practices. The camp also promoted teamwork, discipline, and cooperation among students. The event was a memorable and educational experience that deepened students' understanding of nature and inspired them toward sustainable living.

Reported by Mr. Muhammed Ansif
Fifth Semester B. Com. Finance



Research Forum- Dept. of Commerce & Management Studies

The Department of Commerce and Management Studies, ACAS, organized a Research Forum on 23 September 2025, featuring a presentation by Ms. Mekha C. M., Assistant Professor, DCMS. The session was based on the article "Mentorship and Reverse Mentorship: HR's Role in Facilitating Knowledge Exchange between Millennials and Gen Z" published in the International



Journal of Research in Management (2025, 7(2), 36–44) by Jahal Purohit, Research Scholar, Gujarat. Ms. Mekha elaborated on the dual concepts of mentorship, where experienced professionals guide juniors, and reverse mentorship, where younger employees support seniors in adopting digital tools and cultural trends. She emphasized the growing relevance of these practices in today's multigenerational workplaces. The forum underscored the importance of effective knowledge exchange and collaboration between Millennials and Gen Z to foster innovation, inclusivity, and organizational growth. The session concluded with reflections on how well-structured mentorship models can bridge generational gaps and enhance workplace harmony.

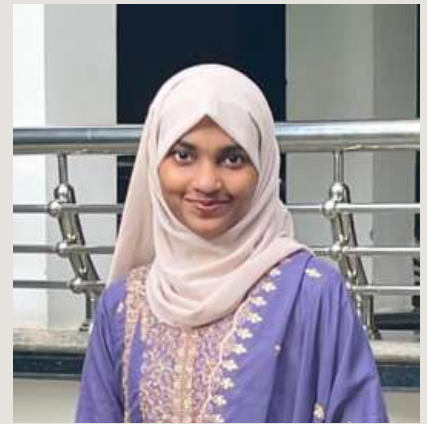
Ms. Rayhana. K is awarded Blogger of the Month

Al Shifa College of Arts and Science hosts a fully functional faculty blog, "FaBlo!", where faculty members regularly share their insights on a variety of topics. Each month, the best blog is recognized based on originality, presentation style, and writing quality, highlighting exceptional contributions from the college's academic community. The blogs shortlisted for the month of September 2025 are To the Woman Who Shaped Me by Ms. Ragi K. Haridas, Assistant Professor, Department of Computer Science and Beyond Survival: A Journey of a Single Mother by Ms. Rayhana. K, Assistant Professor, Dept. of Commerce and Management Studies. The winner of the prize is Ms. Rayhana. K.



Star of the Month

ACAS recognises the accomplishments and capabilities of its students through the Star of the Month initiative, which highlights and commends exceptional talent in diverse areas including arts, sports, music, and academics. For the month of September 2025, ACAS is delighted to honour Ms. Fathima Sherin. M. P, Third Semester B. A. English Language and Literature, as the Star of the Month. Ms. Fathima Sherin stands out as an all-round achiever. She consistently excels in academics, arts, leadership roles, research activities, and editorial responsibilities, showcasing her versatility and commitment. Her multifaceted contributions make her a true role model among her peers. This recognition is a testament to her hard work, dedication, and balanced pursuit of both academic and co-curricular excellence.



Star Department of September 2025

The Department of Computer Science has been selected as the Star Department of the Month for September 2025, marking its second consecutive win of this distinction. This recognition is part of an ongoing initiative by the Internal Quality Assurance Cell (IQAC) to acknowledge and promote departmental excellence across the institution. The evaluation was based on parameters such as academic initiatives, co-curricular engagements, faculty contributions, and overall performance during the month. The department earned special commendation for its exemplary documentation practices, which effectively showcased the scope and impact of its activities. This consecutive achievement underscores the Department of Computer Science's consistent commitment to academic excellence and its vital role in advancing the institution's quality standards.



Beyond survival — A Journey of a Single Mother

There was a time in her life when darkness felt more familiar than light. She was a wife, a daughter-in-law, and eventually... just a mother trying to hold on.

The toxicity she endured in her married life was not something she had ever imagined would become her reality. The whole life became upside down, but she adjusted. She compromised. She remained silent for six long years, hoping that things would change—for her family, for her kids, and for the marriage she once believed in. But the more tried to adjust, she realized that the life she dreamt about once in her life was entirely different. She realized that the adjustment and compromise which was supposed to be from both sides, was just a one way path. The more she tried to fit into a mold someone else created for her, the more she began to lose herself. She began to lose her physical and mental health.

Eventually, she decided to walk away—not because it was easy, but because staying would have destroyed her.

Raising two kids alone was never part of her dream. There were days when the financial strain kept her awake all night. Her parents never asked about anything but just became her backbone. It was the time when she realized the colors of true friends who supported her like anything. She went for counseling—not because she was weak, but because she needed to find strength again. The toughest time was when her daughter longed for a home with both parents, not knowing the truth behind the broken pieces she was trying to hold together.

The quote which says, 'only our pillows know the amount of pain we hide from the world' was literally true for her. Everyone around her blamed her. "You should've adjusted more," they said. But they didn't see the parts of her she had already sacrificed. They didn't hear the harsh words she swallowed or witness the loneliness she endured while surrounded by people.

Yet, in the middle of all the chaos, her biggest healers were her children. Their tight hugs, their innocent smiles, and the way they looked at her with unconditional love—those were her medicines. She wasn't perfect. Some days she was broken, some days she was angry, she was frustrated, and many days she was too sensitive. But she showed up, every single day, for them.

She did everything she could to give them a better life—even if she was still healing. She didn't want sympathy. Not for her, and certainly not for her kids. She always believed that her kids will not be in better condition if they were with both their parents. The only thing she wanted and still wants is dignity.

Being a single mother isn't a role she chose, but it's a role she has embraced with all her heart. And while the journey is far from easy, it is filled with purpose. Her children are not just her responsibility—they are her strength, her reason for living, and her future.

To every woman walking a similar path: you are more than the judgments thrown at you. You are not broken—you are rebuilding. And one day, your children will look at you and say, "Thank you for never giving up."

And truly, that will be everything..



Rayhana. K.

Assistant Professor of Business Administration
Al Shifa College of Arts and Science, Perinthalmanna.

To the Woman Who Shaped Me

"Not every daughter-in-laws are perfect, but a perfect mother-in-law makes her one".

In today's world, the word mother-in-law still often carries fear and judgment. Society has long wrapped this figure in layers of misunderstanding and stereotypes. Stories of dowry demands, controlling behavior, and endless conflicts between mothers-in-law and daughters-in-law still make headlines. Many women enter marriage carrying not just dreams, but also fear — fear of rejection, fear of comparison, fear of never being enough. I too carried such fears. Growing up as a fatherless child, I was strong on the outside but fragile within. My stubbornness was not pride, but armor. Even when I stepped into a marriage of choice, I carried that shield with me, perhaps too tightly. I believed I could never survive without my Amma, but life gently proved me wrong. With tears hidden in my pillow and courage stitched into my smile, I left behind her comforting arms and walked into a new home. The shift was terrifying — from the familiar embrace of Guruvayur to the unfamiliar rhythms of Perinthalmanna. The food, the language, the mannerisms, the expectations — everything felt like another world. And in that world, I felt like a lost child disguised as a new bride.

And then she entered. Not with the iron hand of authority that society often whispers about, but with the gentle touch of grace. My mother-in-law did not see me as a rival or an outsider; she saw me as a daughter. In a time when many women are still crushed under the weight of dowry, she lifted the weight off my shoulders with her acceptance. In a culture where daughters-in-law are often measured by how well they cook or how obediently they bend, she measured me only by the depth of my heart. She gave me space when I needed it, guidance when I sought it, and love when I least expected it. And then came the most delicate, vulnerable time of a woman's life — pregnancy and delivery. I imagined Amma by my side, holding my hand through fear, calming me through pain. But fate was cruel. Covid came, and Amma could not be with me. The thought of giving birth without her broke me in ways I cannot describe. I felt like a child abandoned in the middle of a storm. But then, something unexpected happened. My mother-in-law stepped into that emptiness. When labor pains gripped me, it was her hand I held.

When tears rolled down silently, it was her voice that whispered strength into me. When fear made me tremble, it was her presence that steadied me. In every moment where I thought I would collapse, she stood tall beside me – not as a distant mother-in-law, but as though Amma herself had extended her love through her.

That was the moment I realized: love does not end with one person. Love finds a way to reach you again, sometimes through another heart. In a world where many daughters-in-law are silenced by dowry demands or harsh comparisons, she chose acceptance. She never tried to break me. Instead, she gathered my broken pieces and held them together with love. Slowly, her small acts of care melted my arrogance. She did not make me feel like an outsider; she made me feel like a daughter who belonged. If Amma was the root that gave me strength, she was the shade that sheltered me. If Amma was the river that carried me through childhood, she was the ocean that received me in womanhood.

Dear Mother, you became the Amma I thought I had lost during the hardest moment of my life. You are the reason my pregnancy was not loneliness, but love. You are the reason my arrogance softened into trust. You are the reason I believe again that love is endless, limitless, and unconditional. I came to you as a daughter-in-law, but you held me as a daughter – and that is the greatest gift life has ever given me.



Ragi K Haridas

Assistant Professor

Department of Computer Science

Al Shifa College of Arts and Science, Perinthalmanna

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Muhammed Rameez. A. K

Assistant Professor, Dept. of Computer Science, ACAS

Comments or suggestions, if any, can be mailed to:

media@alshifacollegeofartsandscience.ac.in