AL SHIFA COLLEGE OF ARTS AND SCIENCE

AGAS MANUAL THE MONTHLY NEWSLETTER

Volume 2

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Orange The World Campaign at Al Shifa College of Arts and Science



Dr. P. Unneen Managing Trustee

Message from the Managing Trustee

One of the factors which mark a Higher Education Institution as worthy is the quality of service rendered by its faculty. In this regard, it is the duty of an institution to make a team of skilled educators capable of creating productive environment in the campus. The Faculty Development Centre (FDC) at ACAS works towards this end. Acasians hold it to the core that the intellectual and physical well-being of the faculty has to be prioritized on a daily basis. The FDC runs a year-long programme for the physical fitness of faculty members including Yoga and physical training.

The Annual Staff Games organised by the Staff Club also help in keeping them fit. The Certificate Course on Academic Writing is designed to polish their proficiency in writing. The FaBlo! (Blogging space of ACAS Faculty), poster designing efforts and Academic Websites maintained by the faculty are all initiatives by the FDC. In addition to this, the college also encourages them to participate in faculty development programmes organised by other institutions or agencies. I hope all these efforts will turn fruitful in chiseling the best out of the ACAS Faculty. I wish my best to the ventures under FDC and Staff Club.

Message from the Principal

December goes off in a hurry. With Christmas vacations at one end, it is a short month. At ACAS, we kept going in full steam without bothering about the relative shortness of the month in hand and the result is reflected in the rich experience the students had. I am glad that the newly sanctioned funded National Service Scheme Unit has started its activities in the campus. We are making headway in faculty upskilling and December saw serious efforts in this direction. The short term course for faculty on Academic Writing, training on the basics of Videography are some of those.

The month also saw two MoUs being signed with MES Keveeyam College Valanchery and Majlis Arts and Science College, Puramannur. While the first collaboration will be basically led by the English Departments of both colleges the second one is led by the Internal Quality Assurance Capital Cafe which took off will bring to the rich returns students community since plenty of students make use of the event management scene to generate an income. The Outbound Training offered to the students in association with Lead College of Management proved to be a dynamic outing for many. Peer teaching, Invited students' talks and career support activities went on as usual. The ACAS Grounds were packed with games and university zonal competitions. Entrepreneurship venture, StuBiz, Talk English Shops, Psychology Student Colloquium, Learner Support by Economics Dept, administrative staff trainingthe offered something for month everyone, even before Santa was around with X mas gifts!



Dr. Babu. P. K Principal



Keezhattur, Poonthavanam Post, Malappuram DT. Kerala - 679 325, Ph: 04933 271 367, 9446 54 44 73

Techniques of Learning: Session under Remedial Coaching Centre

The Department of Economics and Remedial Coaching Centre at Al Shifa College of Arts and Science, organised a session on 1 December 2022. The programme was meant for the slow learners in the Department. The session was handled by Mr. Muhammed Noufal. M, Head, Department of Economics. The speaker gave tips on how to paraphrase a paragraph and certain effective strategies and techniques to write well in exams. He urged the students to address any issue they face related to learning and seek help from teachers or experts. The students from Sixth and Fourth Semesters benefitted from the session.

Reported by Abaan. C. K IV Semester B. A. Economics



Orientation Session for NSS Volunteers

The National Service Scheme, Al Shifa College of Arts and Science, organised a one-day orientation programme for NSS Volunteers on 05 December 2022. The session was handled by Lt. Lukmanul Hakeem. M, Assistant Professor of Economics, & Associate NCC Officer, SAFI Institute of Advanced Study. He gave basic information on the history of the National Service Scheme. The session focused on 'how to build service mentality' in volunteers. He also spoke on personality development through the National Service Scheme. He conducted activities among volunteers to create awareness about leadership and unity. All the NSS volunteers participated in the session.

Reported by Mr. Sangeeth Krishnan. K. K First Semester B. Sc. Psychology



Certificate Course on Fundamentals of Investment

The Department of Commerce and the Trading Club, Al Shifa College of Arts and Science, organised a certificate course on the Fundamentals of Investment in collaboration with the National Institute of Security Market (NISM), an educational institution of Security and Exchange Board of India (SEBI). The course was titled 'Kona Kona Shiksha'. Dr. Sanesh. C. SEBI Smart Trainer, led the session. The classes were held on 2 & 5 December 2022. Dr. Sanesh made the students aware of various career opportunities available in the Indian Capital Market. He also shared skills and knowledge required to work in the field. The course was designed as a career orientation programme. Final year students from B. Com. Taxation. B. Com. Finance. and B. A. Economics were the benefactors of the course.

> Reported by Ms. Jishna. N. K Sixth Semester B. Com. Finance



Prospects of Economics: A Session for Advanced Learners

The Department of Economics in association with the Scholar Mentor Programme (SMP), Al Shifa College of Arts and Science, conducted a session on 'Prospects of Economics: A Session for Advanced Learners' on 02 December 2022. The session was led by Mr. Nithin Raj. K, Asst. Professor of Economics. The students of B. A. Economics under the Scholar Mentor Programme attended the session. The speaker gave them a brief idea about the academic and career opportunities in the field of Economics. He discussed the main avenues of jobs in the field of Economics and the major higher education prospects after the undergraduate programme in Economics.

Reported by Ms. Shahma Thasni. K. K Sixth Semester B. A. Economics



BYOB- Be Your Own Boss

The Entrepreneurship Development Club, Al Shifa College of Arts and Science, organised a session under the series 'Meet the Entrepreneur' titled 'BYOB- Be Your Own Boss'. Mr. Nayeemmallik and Mr. Mehroof Ahmed, Directors of Justloaf Hospitality Global LLP, were the invited speakers. Justloaf is owned and operated by a group of visionary youngsters. The firm was established in 2018. Mr. Nayeemmallik and Mr. Mehroof Ahmed interacted with the students and shared their experiences in entrepreneurship.

Just Loaf, now, has 3 outlets in Kerala and is looking to expand further in the state. Their vision for 2025 is to start 10 more outlets in India and they plan to expand outside the country, with operations already started in Qatar. The entrepreneurs interacted with the students and shared the story of their success.

Reported by Ms. Lana Gafoor Fourth Semester B. Com. Finance



Interaction with Student Entrepreneur

The Entrepreneurship Development Club, Al Shifa College of Arts and Science, interaction with organised an Biju. Sreelakshmi. student K. а entrepreneur, on 8 December 2022. She is a Nano-Entrepreneur from Nilambur. She has found a market for a wide variety of pickles during festival seasons in Kerala and earns an average monthly turnover of Rs.3 lakhs. She interacted with the members of the ED Club on marketing, production, and obstacles in She overcame business. challenges to start her venture 'Spark'. Apart from pickles, she also markets dry fruits, chilli powder, and honey. She also finds a place for her products in the weekly markets. She started delivering her products to Gujarat recently.

> Reported by Mr. Mubashir. P Sixth Semester B. Com. Finance



Basic Videography Skill for Teachers

The Faculty Development Centre (FDC), Al Shifa College of Arts and Science, organised a session on 'Basic Videography Skills' for teachers on 14 December 2022. Mr. Sudheesh Unnikrishnan, Hardware and Networking Technician, handled the session. He explained various parts of the camera, how to connect slots on the device and how to fix the tripod. He then moved to a demonstration in which he showed how the device is operated. He also introduced user-friendly video editing applications to the faculty.



ACAS Collaborates with MES Keveeyem College

The Departments of English at MES Keveeyem College, Valanchery, and Al Shifa College of Arts and Science, Perinthamanna, will collaborate in running Add-on Programmes, student upskilling and student/ faculty exchange. Dr. Shajid. P. P, Principal, MES Keveeyem College, Valanchery, and Dr. Unneen. P, Managing Trustee, Shifa Group of Institutions, signed the MoU to this effect on 01 December 2022, at MES Keveeyem College. Dr. Najila, Head, Department of English, Dr. Reji. A. L, Assistant Professor of English, MES Keveeyem College, Dr. Babu. P. K, Principal, Al Shifa College of Arts and Science, and Mr. Hamza. P, Chief Executive, Shifa Medicare Trust, were present on the occasion.



B-Zone Cricket Tournament Concludes

The B-Zone Cricket tournament of the University of Calicut was held at Al Shifa College of Arts and Science, Perinthalmanna (Pool B), and EKC College, Manjeri (Pool A). The semi-final and final matches were held at Al ShifaCollege Ground. The tournament commenced on 23 November 2022 and concluded on 8 December 2022. The University Teaching Department won the Championship. EMEA College, Kondotty, was the first runner up. GEMS College, Ramapuram, got third place and MES MampadCollege, fourth. All the 4 teams qualified to play in the Inter Zone Cricket Tournament in the University. Adv. Tom. K. Thomas, Syndicate Member, University of Calicut, distributed the trophies.



Students Colloquium on AIDS Awareness

The Department of Psychology, Al Shifa College of Arts and Science, conducted a student colloquium on AIDS awareness on 1 December 2022. Ms. Shibila. V, First Semester B. Sc. Psychology, was the moderator in the discussion. The moderator gave a presentation on AIDS to the students in the first part of the Colloquium. In the following segment, the students interacted with each other on the same topic. The discussants opined that effective awareness campaigns can remove the stigma related to AIDS patients.

Reported by Ms. Shibila. V First Semester B. Sc. Psychology



Narrating Fairy Tales

The English Club, Al Shifa College of Arts and Science, organised a session titled 'Narrating Fairy Tales' on 8 December 2022. Ms. Fathima Rana, Fourth Semester B. A. Functional English, and Ms. Anzalna. T. P, First Semester B. A. Functional English, narrated fairy tales including "Four Friends" and "The Frog Prince". The objective of the programme was to enhance narrative skill in students.

Reported by Ms. Anzalna. T. P First B. A. Functional English



ACAS Students at Monti Fest

The students of the Department of Commerce participated in the National Level Management Fest named 'Meridian 2k22' at Monti International Institute of Management Studies, Angadippuram, on 3 December 2022. The participation was a part of the MoU between ACAS and Monti International Institute of Management Studies. The purpose of the event was to boost the creative and competitive spirit among the participating students. The fest included events like Best Manager, Best HR Team, Best Marketing Team, Business Quiz, Best Finance Team, Spot Photography, Corporate Walk, Spot Dance, Treasure Hunt and Vlogging. Fifteen students from the Department participated in various events. Mr. Sayed Abdul Khadar, student of First Semester B. Com. Finance, was awarded second prize in the Vlogging competition.

Reported by Ms. Fathima Safana First Semester B. Com. Finance



Outbound Training for Capacity Building

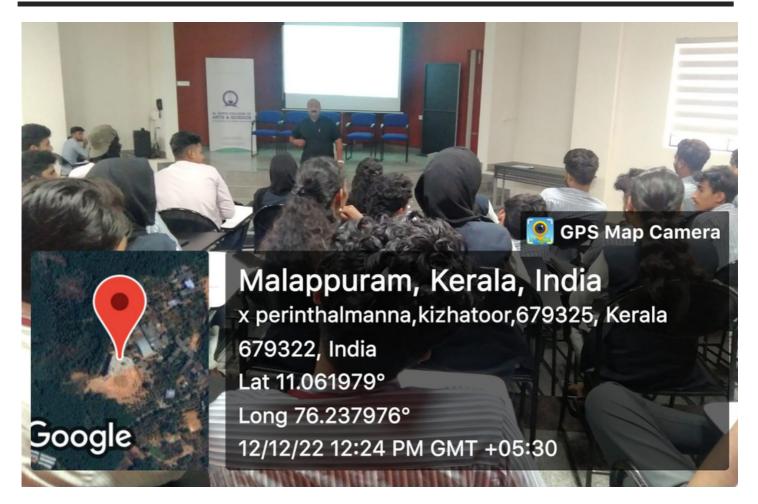
The Department of Commerce, Al Shifa College of Arts and Science, organised an Outbound Training for Capacity Building for the students of First Semester B. Com. at LEAD College of Management, Palakkad, on 8 & 9 December 2022. The Training was a part of the MOU between ACAS and LEAD College of Management. 41 students and 2 faculty members of the Department participated in the programme. The outbound training program gave an opportunity to students from diverse social backgrounds to work closely with their peers. The training included analytical, problem-solving, leadership and team building activities.



Capital Cafe Kicks off

Capital Cafe is the event management club run by the Department of Commerce, Al Shifa College of Arts and Science. The official inauguration of Capital Cafe was done by Mr. Anil Jose Philip, Placement Head, Monti International Institute of Management Studies (MIIMS), Perinthalmanna, on 12 December 2022. He spoke on 'The Art of Event Management' in the inaugural address. He discussed the skills required for an event manager and the key areas to be focused while managing an event. Capital Cafe is formed with the aim of enhancing management skills, decision making capacity and mutual cooperation among students.

Reported by Mr. Mohammad Shaheer. P Fourth Semester B. Com. Finance



Electoral Literacy Club

Ms. Ashida A. P, Assistant Professor of Commerce, Al Shifa College of Arts and Science, and Mr. Mubashir. P, UUC, College Union, Al Shifa College of Arts and Science, attended a training session conducted as per the instructions of the District Election Officer, Malappuram District Collector. This was a part of the government's order to form Electoral Literacy Clubs in all the educational institutions in the district. The training session for nodal officers and student representatives of Electoral Literacy Clubs was held on 13 December 2022 in the Conference Hall, Manjeri Village Office, Manjeri. Mr. Abdul Azeez, Deputy Thahasildar and Election Registration Officer, explained the relevance of the formation of such clubs in HEIs. He pointed out the importance of raising awareness among the youth regarding election procedures. He also introduced a free application for the purpose of enrolling students to the electoral list.

Reported by Mr. Mubashir. P Sixth Semester B. Com. Finance

Talk Shop: English Club in Action

The English Club, Al Shifa College of Arts and Science, organised a session titled 'Talk Shop' on 15 December 2022. The session was modelled on TED Talk. Ms. Gopika. K, First Semester B. Sc. Psychology, delivered a talk on the topic 'Live for Yourself'. She spoke about the unique path we need to find in order to make life meaningful. The programme aimed to enrich the public speaking ability in the student community.

Reported by Mr. Muhammed Shamil. P Fourth Semester B. A. Functional English



Quiz on FIFA World Cup



The Quiz Club, Al Shifa College of Arts and Science, organised a competition titled 'Quiz on FIFA World Cup Qatar 2022' on 13 December 2022. Mr. Muhammed Noufal. K. K, Fourth Semester B. Com. Taxation, won the first prize in the competition. The quiz explored the specifics of the Qatar World Cup, invoking the enthusiasm of the participants.

Reported by Ms. Shahma Thasni. K. K Sixth Semester B. A. Economics

Career Guidance in Psychology- Level 2

The Department of Psychology, Al Shifa College of Arts and Science, conducted a session on Career Guidance in Psychology- Level 2, on 15 December 2022. The session was a continuation of the Career Guidance Programme held on 6 October 2022. The session was handled by Mr. Abdul Jaleel. C, Head, Department of Psychology. The students were given an understanding of the present career opportunities in Psychology, how to start a new venture in counselling, possibilities of start-ups, and how to create opportunities in the field. Certain specific areas such as Counselling Psychology, Criminal Psychology and Forensic Psychology were highlighted in the program based on the students' request.

Collaboration with Majlis Arts and Science College

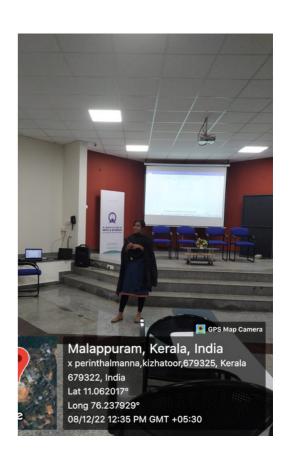


The Internal Quality Assurance Cells (IQAC) of Majlis Arts and Science College, Valanchery, and Al Shifa College of Arts and Science, Perinthamanna, will collaborate in running Add-on Programmes, student upskilling and student/ faculty exchange. Dr. Mohammed Kutty Kakkakunnan, Principal, Majlis Arts and Science College, Valanchery, and Dr. Unneen. P, Managing Trustee, Shifa Group of Institutions, signed an MoU to this effect on 01 December 2022, at MES Keveeyem College. Mr Rafeek. K, IQAC Coordinator, Mr. Noushad. N, Academic Coordinator, Majlis Arts and Science College, and Dr. Babu. P. K, Principal, Al Shifa College of Arts and Science, Mr. Hamza. P, Chief Executive, Shifa Medicare Trust were present on the occasion.

MS Office: Understand Operating Tools

The Department of Economics, Al Shifa College of Arts and Science, conducted a session on 'MS Office: Understand Operating Tools' on 08 December 2022. The session was handled by Ms. Anjana. J, Asst. Professor of Economics, ACAS. She discussed the operation of different tools in MS Excel, MS Word, and PowerPoint. She focused on how to store data, create tables and charts, and do complex calculations in MS Excel. The students of the Department attended the programme.

Reported by Ms. Abaan. C. K Fourth Semester B. A. Economics



Ente Vayana by Teachers



Ente Vayana is a series of presentations on reading experience by teachers organised by the Thanimalayalam Club, Al Shifa College of Arts and Science. On 15 2022. Ms. Rimshana. Asst. December Professor of English, Mr. Irshad Ameen. K, Asst. Professor of Commerce, and Mr. Jaleel. Abdul C. Asst. Professor of Psychology, presented their review of And Slowly Forgetting that Tree by K. R. Meera, Ikigai by Hector Garcia and Francesca Miralles and Oru Police Surgeonte Ormakurippukal by Dr. B. Umadathan, respectively. The student members of the Club attended the session.

> Reported by Ms. Dheena. P Sixth Semester B. A. Functional English

International Human Rights Day

Poster Presentation

The Department of Commerce, Al Shifa College of Arts and Science, organised a poster presentation as a part of the observance of Human Rights Day on 12 December 2022. Posters on the theme "Dignity, Freedom, and Justice for All" were exhibited on the college corridor. The presentation was conducted to create awareness about human rights among the students.



Reported by Mr. Anal. E Fourth Semester B. Com. Finance

NSS Volunteers at ALP School, Keezhattur

The National Service Scheme, Al Shifa College of Arts and Science, observed Human Rights Day along with the children at ALP School. Keezhattur. **NSS** Volunteers from **ACAS** organised certain activities and competitions for the school students on 12 December 2022 at the school. The programme included awareness talk on the importance of the observance of Human Rights Day by the NSS volunteers, a quiz competition and a postermaking competition for the children. The volunteers performed a mime, conveying the message on the importance of human rights. Mr. Jibin, Head Master, ALP School, Mr. Joshith, President, PTA, ALP School and Mr. Irshad. K, Head, Dept. of Arabic, and NSS Programme Officer, ACAS, were present in the programme.

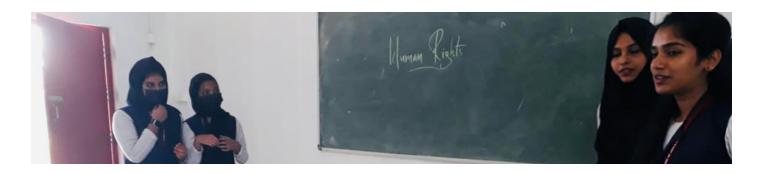


Reported by Ms. Fathima Rifa. K First Semester B. Sc. Psychology

Attack Counter-Attack

The Department of English in collaboration with the English Club of Al Shifa College of Arts and Science, organised a debate competition on 'Human Rights' on 12 December 2022. The competition was titled 'Attack Counter-Attack'. Four groups of students participated in the competition. Ms. Farhana. M. K and Mr. Muhammed Shalikh, Sixth Semester B. A. Functional English, won the first prize. The debate brought out fresh perspectives on the issues related to human rights.

Reported by Ms. Shibna. K Sixth Semester B. A. Functional English



Debate Competition for NSS Volunteers

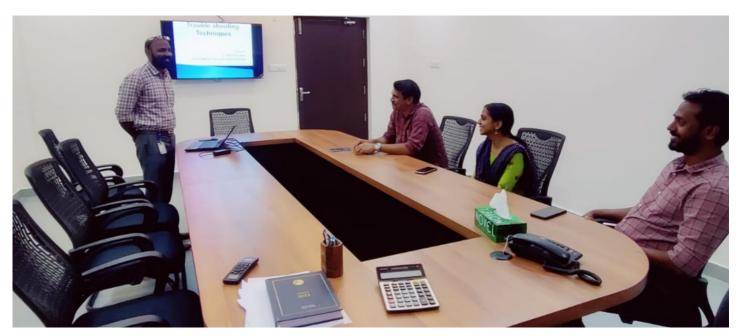
The National Service Scheme, Al Shifa College of Arts and Science, organised a Debate Competition for the students on the topic, 'Is Dowry a Reason for Domestic Violence?', in connection with the 'Orange the World Campaign' on 9 December 2022. The competition was held in collaboration with ICDS Perinthalmanna- Additional, Pattikad. The Department of Women and Child Development, Government of Kerala, directed ICDS offices to conduct such programmes, collaborating with NSS Units in colleges. Ms. Sheneeba, ICDS Supervisor, Keezhattur, Ms Shahina, Ms. Nisha and Ms. Sruthy, Psycho-Social Counsellors, were present in the programme. Two teams of 10 members each participated in the debate. Team B secured the First position in the competition. The team argued that dowry is not the only reason for domestic violence but many other reasons too lead to it. Some of the main reasons they gave include the use of alcohol and discrimination based on skin colour.

Reported by Ms. Salmiya. M. P First Semester B. A. Economics



Troubleshooting Techniques in IT

The Internal Quality Assurance Cell (IQAC), Al Shifa College of Arts and Science, organised a training programme for administrative staff on Troubleshooting Techniques on Information Technology on 29 December 2022. The session was led by Mr. Fawas. P, IT Administrator, Shifa Medicare Trust. The resource person spoke on frequently faced IT-related problems and explained how they could be resolved. He also clarified the doubts of the participants with real-life examples in the session.



StuBiz 1.2 Opens



The ED Club of Al Shifa College of Arts and Science came up with another food sale through StuBiz, the student sales point, on the campus on 21 December 2022. StuBiz was inaugurated on 11 October 2022. Ms. Afshida. K, Sixth Semester BA Functional English and her classmates were in charge of the sales point. Food items like snacks, cakes, and cookies were put for sale. Dr. Babu. P. K, Principal, Mr. Amal Seban. A, Intern at District Industries Centre, Keezhattur Grama Panchayath, Mr. Suhaib. P, Asst. Professor of Commerce and Coordinator of the ED Club and the staff of ACAS were present at the opening of the second edition of StuBiz. The first purchase was made by Mr. Amal Seban. A. The team was divided into three sections: billing, sales, and administration. StuBiz is a student sales point run under ED Club to enhance the entrepreneurial skills of students. The students involved got first-hand experience in setting up a business venture and sales. This is a part of the year-long programme to run a students' kiosk on the campus.

Reported by Ms. Basila Sherin Sixth Semester B. A. Functional English

Observance of World Arabic Day



The Arabic Club, Al Shifa College of Arts and Science, observed World Arabic Language Day with various competitions for the students on 20 December 2022. World Arabic Language Day is celebrated worldwide on 18 December with the aim of celebrating multilingualism and cultural diversity. Competitions included Versification, Quiz, and Calligraphy Designing in Arabic. Ms. Arshida. A. K, Fourth Semester B. A. Functional English, Ms. Fathima Rana, Fourth Semester B. A. Functional English, and Mr. Muhammed Faris, First Semester B. Com. Taxation secured first, second and third places respectively in Calligraphy Designing. Thirty students participated in the quiz competition. Mr. Shaheerali. P, First Semester B. Com. Finance, and Mr. Muhammed Saleel. M. K, First Semester B. Com. Finance, won the first and second prizes respectively in the quiz. Third prize was shared by two students, namely Mr. Muhammed Ashhad. K. M and Mr. Muhammed Shamil. K. T, both from First Semester B. Com. Finance. Ms. Febinsha Fahim. C. Ms. Ayisha Safana. P. J and Ms. Ashika, all from First Semester B. Sc. Psychology, secured first, second and third places respectively Versification. T

> Reported by Nazeeh Nazar First Semester B. Com. Finance

Industry Visit to Thai Group of Companies

The Entrepreneurship Development Club, Al Shifa College of Arts and Science, organised an Industry Visit to the Thai Group of Companies, Sulthan Bathery, Wayanad, on 16 Dec 2022. The students could observe the production process of cosmetic products such as bathing soap and other toiletries. Mr. Shelly Mathew, Human Resource Manager, interacted with the students and explained the company's history, vision, various products, and operations in the international market. Mr. Dipin K, Assistant Manager, Plant & Operations, took the students on a plant tour and explained the various stages involved in the making of the products. Thai Group's products include Dr. Wash, Gladys, 916, Lexus, etc. 49 students and 3 faculty members took part in the visit.

Reported by Ms. Basila Sherin Sixth Semester B. A. Functional English



AIDS Control Society Stages Play

The National Service Scheme, Al Shifa College of Arts and Science, coordinated an awareness play jointly organised by the AIDS Control Society and Health Department, Government of Kerala, on December 13, 2022. The play was staged as a part of the observance of World AIDS Day. Mr. Salim, Health Inspector, Keezhattur Panchayath, spoke on the occasion. The play meant to raise awareness about AIDS as a disease and methods to prevent it.

Reported by Ms. Bibina. S First Semester B. Com. Taxation



Celeste 2k22

The Student Union, Al Shifa College of Arts and Science, organised a Christmas Celebration programme titled 'Celeste 2k22' on 23 December 2022. The celebration included competitions for students and staff as well as dance performances by students. Competitions such as star making, Christmas card making, and Best Santa were conducted as a part of the celebration.

Reported by Mr. Mohammed Abdul Basith Sixth Semester B. A. Economics



Student Peer Teaching and Learning

The Department of Economics, Al Shifa College of Arts and Science Keezhattur, organised a session as a part of the Student Peer Teaching and Learning Series. In the fourth session of the series, Mr Mohammed Yaseen, Sixth Semester B. A. Economics, spoke on 'Poverty and India' on 8 December 2022. He explained the different kinds of poverty and its causes. He also spoke on the major poverty alleviation programmes adopted by the Union and State Governments in India.

Reported by Ms. Shahma Thasni. K. K Sixth Semester B. A. Economics



Invited Student Talk Series

Dept. of Commerce

The Department of Commerce, Al Shifa College of Arts and Science, organised the Fifth session in the Invited Student Talk Series on 22th December 2022. Mr. Muhammed Mufeed. V, M. Com student from Regional College of Science and Humanities, Harithagiri, Kizhisseri, spoke on the topic 'Green Accounting'. He discussed different facets of Green Accounting, including its objective, relevance, and limitations. The discussion also included the value of Green Accounting and how businesses might benefit from it.

Reported by Mr. Muhammed Binshad First Semester B. Com. Finance



Dept. of English

The Department of English organised the eighth session in the Invited Student Talk Series on 9 December 2022 through Google Meet. Ms. Shramana Biswas, a Post Graduate Student from NIT, Trichy, was the presenter. Ms. Biswas spoke on "Dalit Subjectivity and Odia Dalit Narrative in Akhila Naik's Bheda" which is the first Dalit novel in Odia. She explained how the caste system works with political support and the Dalit experiences as portrayed in the novel.

Reported by Ms. Rameesa Jahan. V Fourth Semester B. A. Functional English



Dept. of Psychology

The Department of Psychology, Al Shifa College of Arts and Science, conducted an Invited student Talk on 21 December 2022. Ms. Remya Menon, First Semester M. Sc. Cognitive Science, University of Allahabad, and Ms. Athulya. S. Menon, Sixth Semester B. Sc. Psychology, Yuvakshethra Institute of Management Studies, were the invited speakers. Ms. Remya Menon gave a presentation on "Decision-making and the Biases" that prevent us from optimising our decisions. Ms. Athulya delivered a talk emphasising the "Importance of Physical Space in the Digital World". Students of the Department of Psychology participated in the programme.

Reported by Ms. Hanna Fathima. C. K First Semester B. Sc. Psychology



Session on Critical and Creative Thinking

The Institution's Innovation Council (IIC), Al Shifa College of Arts and Science, organised a session titled 'Critical and Creative Thinking' on 22 December 2022. The session was led by Dr. Prasanth. S. S, Professor and Innovation Ambassador, Al Shifa College of Pharmacy. The programme aimed to develop a sense of creative and critical thinking among the student community.

Reported by Mr. Muhammed Yaseen Sixth Semester B. A. Economics



Training for NSS Programme Officer

Mr. Irshad. K, NSS Programme Officer and Head, Dept. of Arabic, attended a one day workshop for NSS Programme Officers organised by State NSS Cell on 14 December 2022 at Trivandrum. The workshop discussed how to lead National Service Scheme (NSS) Units in colleges and the new system of the Central Government to give funds for activities under the NSS.



Invited Talks

Dr. Babu. P. K, Principal, Al Shifa College of Arts and Science, was invited to give a talk on "Learner Autonomy in Classrooms" on 6 December 2022 as a part of a short-term course on "New Trends and Contemporary Approaches in English Language Teaching and Learning", organised by Sreenidhi Educational Group of Institutions, Hyderabad. He also handled a session titled "Basics of Research: Identifying a Topic and Review of Literature" as a part of "Certificate Course in Research Methodology and Academic Writing" organised by the Department of English, Bishop Moore College, Mavelikara, on 10 December 2022.

Mr. Abdul Jaleel. C, Head, Dept. of Psychology, was invited to give a talk titled "Ujjeevanam" at 'Sapthadina Sahavasa Camp' organised by NSS, PCNGHSS, Mookkuthala, on 26 December 2022.

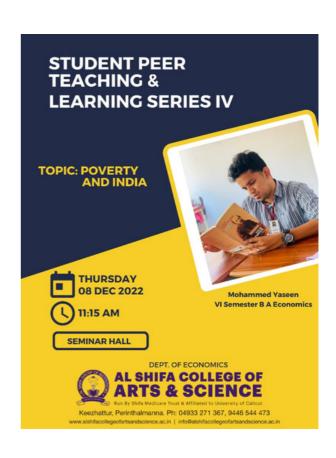
Midhulaj Wins Blogger of the Month Award

The Faculty Development Centre at Al Shifa College of Arts and Science has a blog page to which faculty members contribute regularly. Among the blogs written by the faculty and published on FaBlo! (Blogging space for the faculty of ACAS) the best blog is selected based on originality, novelty and relevance of the content. The blogs of Mr. Nithin Raj. K, Asst. Professor of Economics, and Mr. Midhulaj. P, Asst. Professor of English, were shortlisted for the honour of best blog of the month. Mr. Midhulaj. P is selected as the blogger of the month of December 2022, for his write-up titled "Scar: The Magnum Opus of Voicelss".

Find FaBlo! here: https://fdcacas.blogspot.com/

Best Faculty Poster of the Month

Faculty Development Centre (FDC), Al Shifa College of Arts and Science, keeps track of the posters designed by the faculty members related to college events. **FDC** recognises the original posters designed by the faculty. Posters designed by Mr. Nithin Raj. K, Asst. Professor of Economics, and Mr. Midhulaj. P. Asst. Professor of English, were shortlisted for the recognition. The best poster from the month of December 2022 was designed by Mr. Nithin Rai. K. Asst. Professor of Economics.



Emerging Player: B-Zone Cricket Tournament



Mr. Muhammed Fawas, Fourth Semester B. Com. Taxation, was recognised as the Emerging Player in the B-Zone Cricket Tournament of the academic year 2022-'23. His commendable performance with 189 runs, 11 wickets and three catches from four matches made him deserving of the accolade. He plays as the opening batsman of the ACAS Cricket Team.

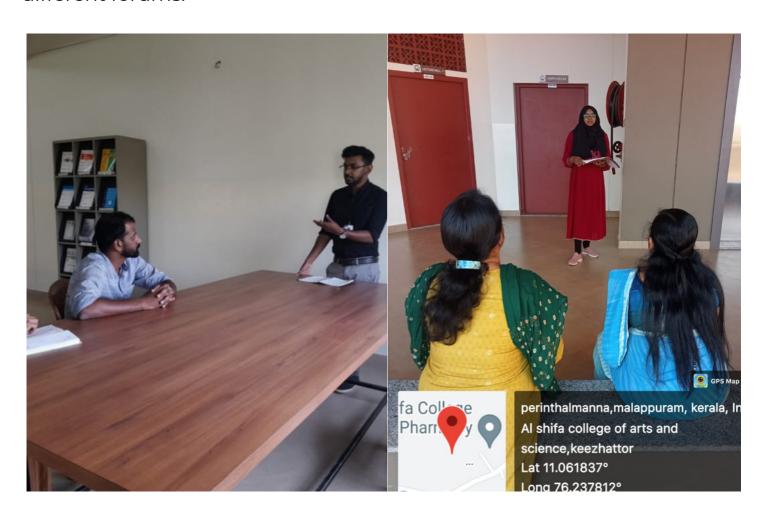
College Union Takes Oath of Office



The oath taking ceremony of the College Student Union was held on 15 December 2022. Ms. Saritha. K, Head, Department of English, administered the oath to the College Union Chairperson, Muhammed Abdul Basith, Sixth Semester B. A. Economics. The other Union Members also swore into posts allotted to them in the Union.

Research Article Review Sessions

Weekly sessions are conducted for faculty to give reviews of articles they have read from the journals and research publications available at the college library. The faculty of the Departments of English, Economics, Commerce, Psychology, Languages and Physical Education present and attend the sessions. In the month of December 2022, four sessions were held in which Ms. Renjitha. K. R, Asst. Professor of English, Mr. Midhulaj. P, Asst. Professor of English, Mr. Nithin Raj. K, Asst. Professor of Economics, and Ms. Ashida. A. P, Asst. Professor of Commerce, reviewed research papers in their respective subjects. The presentations were made in different forums.



Rapport Building with Mentees

The Mentor-Mentee Programme at Al Shifa College of Arts and Science organised a training session for mentors on the topic 'Rapport Building with Mentees' on 20 December 2022. Mr. Abdul Jaleel. C, Head, Department of psychology led the session. He spoke on how to build rapport with mentees, and the importance of active listening. Mentors interacted with the speaker and sought clarification on issues they faced during their interaction with mentees.



Vibin Das. C. P Appointed as Fencing Team Manager

Mr. Vibin Das. C. P, Head, Dept. of Physical Education, Al Shifa College of Arts and Science, was appointed as the manager of the Fencing Team (M) of the University of Calicut for All India Inter University (AIIU) Fencing Championship held at Jammu University, Jammu. He accompanied the team who took part in the championship held from 20 to 23 December 2022.



Add-on Course Certificates Distributed

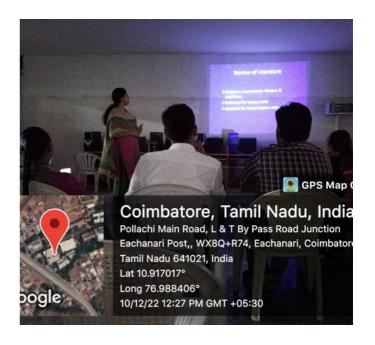


Certificates of Add-on course on Public Speaking offered to Fifth Semester B. A. Functional English students were distributed on 20 Dec '22. Students of Sixth Semester B. A. Functional English received the certificates from Dr. P. Unneen, Managing Trustee, Shifa Medicare Trust. Dr. Babu. P. K, Principal, ACAS, Mr. Suhail Hamza. P, General Manager Shifa Medicare Trust, and Mr. Muhammed Faizal, Manager, ACAS, Saritha. K, Head, Department of English and Midhulaj. P, Assistant Professor of English were present on the occasion.

Reported by Ms. Basila Sherin Sixth Semester B. A. Functional English

Paper Presentation by Faculty

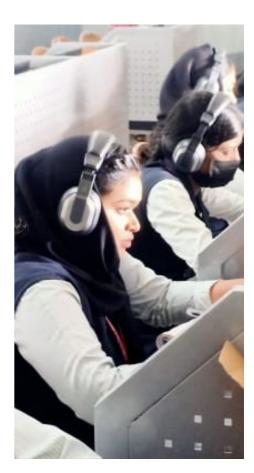
Saritha. K, Head, Dept. of English, presented a paper at the Research Congress, Karpagam Academy for Higher Education (KAHE), Coimbatore, 10 on 2022 on the December "Temples as Monuments of Race and Culture: Eros and Ethos in Select Indian Temple Sculpture". This was a part of her ongoing research work at KAHE.



English Accent Training Course Commences

The students of Fourth Semester B. A. Functional English attended an online session on 'Sentence Stress' on 20 December 2022. The session was held in connection with the Add-on Course titled 'Add-on Certificate Programme on Accent Training' offered to the students of third Semester B. A. Functional English by the Department of English, Al Shifa College of Arts and Science, in collaboration with the PG and Research Department of English, Vimala College (Autonomous), Thrissur. Ms. Angelina Thomas, Assistant Professor of English, Vimala College, handled the session.

Reported by Ms. Rameesa Jahan. V Fourth Semester B. A. Functional English



ACAS Staff Games

The Staff Club, Al Shifa College of Arts and Science, organises 'Staff Games' annually for teaching and non-teaching staff at ACAS. 'Staff Games 2022' began on 13 December 2022. Contestants are grouped into two teams such as 'ACAS Avengers' and 'ACAS Warriors'. Chess, Badminton (Singles & Doubles), Penalty Shoot Out, Discus Throw, Shot Put, Cricket and Football are the games organised by the Staff Club. Mr. Abdul Jaleel. C, Head, Department of Psychology, was the winner in the Chess Competition. He belongs to team 'ACAS Warriors'.



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Comments or suggestions, if any, can be mailed to: media@alshifacollegeofartsandscience.ac.in